

Walk For What Matters

DIRECTIONS TO WHITE PLAINS HIGH SCHOOL 550 North Street • White Plains, NY

FROM CONNECTICUT AND POINTS EAST:

1. Take Interstate 95 South to the exit for I-287 West.
2. Take I-287 west to Exit 9 N-S -- Hutchinson River Parkway.
3. Stay on the Service Road -- "Westchester Ave. Westbound" -- (do not get on the Hutchinson River Parkway) until you come to Bryant Avenue.
4. Make a left onto Bryant Avenue. Cross over I-287 and Westchester Avenue East.
5. Stay on Bryant Avenue to 3rd light at intersection of NORTH STREET and make left onto NORTH St.
6. Go to first light and make a left into the High School grounds. At the end of the entrance - make left into parking lot and follow around (bear right) to "side of building".

FROM NEW YORK CITY AND POINTS SOUTH:

1. Take the Major Deegan Expressway (a/k/a New York State Thruway, Interstate 87) north to Exit 4.
2. Bear right to the Cross County Parkway -- East.
3. Take the Cross County Parkway to the Hutchinson River Parkway -- North.
4. Take the Hutchinson River Parkway to I287-WEST - and STAY ON the Service Road (Westchester Avenue) until you come to BRYANT AVENUE
- 5 Make a left onto Bryant Avenue. Cross over I-287 and Westchester East.
6. Stay on Bryant Avenue to third light at intersection of NORTH STREET and make left onto NORTH St.
7. Go to first light and make a left into the High School grounds. At the end of the entrance - make left into parking lot and follow around (bear right) to "side of building".

-- or --

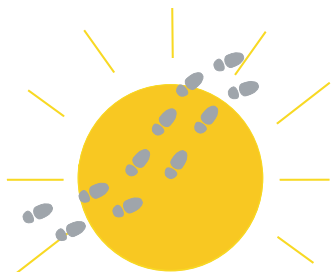
1. Take the West Side Highway to the Henry Hudson Parkway -- North.
2. Take the Henry Hudson Parkway to the Cross County Parkway -- East.
3. Then follow the directions above.

-- or --

1. Take the Whitestone Bridge to the Hutchinson River Parkway -- North.
2. Then follow the directions above.

-- or -

1. Take Sprain Brook Parkway North to I-287 EAST
2. Take I-287 EAST to Westchester Avenue Exit 8 EAST
- 3 Stay on the service road (Westchester Avenue) to Bryant Avenue; turn right onto Bryant Ave.
4. Turn left at the third traffic light onto NORTH Street and at first light - make left into school. At end of entrance - make left into parking lot and follow around to side of building.



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FROM ROCKLAND AND POINTS WEST:

1. Take the Tappan Zee Bridge to I-287.
2. Get off at Exit 8 -- Westchester Avenue East.
3. Stay on the service road to Bryant Avenue; turn right onto Bryant Ave.
4. Turn left at the third traffic light onto NORTH Street and turn left into school entrance. At end of entrance driveway - make left into parking lot and follow around to side of building.

FROM PUTNAM AND POINTS NORTH:

1. Take 684 south to the "I-287 -- White Plains" exit.
2. Do not get on to I-287 -- stay on the service road heading west -- "Westchester Avenue".
3. Make a left at the first traffic light.
4. Make a left at the next traffic light onto Westchester Avenue east -- I-287 service road.
5. At the next light, make a right onto Bryant Ave.
6. Turn left at the third traffic light onto NORTH STREET and first left into school entrance (see above).

-- or --

1. Take the Taconic Parkway to the Sprain Brook Parkway.
2. Turn left onto I-287 East and follow the directions from Rockland County, above.

Health Walk Coordinating Organizations:

United Way of Westchester and Putnam • The Volunteer Center • Westchester Business Volunteer Council

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